

Ocean Breeze Massage Policy Statement & Waiver

- I understand that massage therapy is provided for stress reduction, relaxation, relief from muscular tension, and improvement of circulation and energy flow.
- If I experience pain or discomfort during the session, I will **immediately** inform my therapist so that pressure/strokes can be adjusted to my level of comfort. I understand that in order to receive the best possible massage for me, my communication is necessary and expected and will not hold the therapist responsible for any pain or discomfort should I neglect to voice my preferences and concerns.
- I understand that the services offered today are not a substitute for medical care.
- I understand that my therapist is not qualified to perform spinal or skeletal adjustments, diagnose, prescribe, or treat physical or mental illness.
- I affirm that I have notified my therapist of all known medical conditions and injuries.
- I agree to inform the therapist of any changes in my health and medical condition. I understand that there shall be no liability on the therapist's part should I forget to do so.
- I understand that draping will be used at all times for the comfort of both the client and the therapist. I understand that if I become uncomfortable for any reason that I may ask the Therapist to end the massage session, and they will end the session.
- **I understand that massage is entirely therapeutic and non-sexual in nature** and that the massage therapist may end the session for any inappropriate behavior. I understand that I will be financially responsible for the entire session and may not be allowed to schedule any future sessions.
- By signing this release, I hereby waive and release my therapist Jennifer Wailes, LMT and Ocean Breeze Massage from any and all liability, past, present, and future relating to massage therapy and bodywork.
- I have read this policy statement, and agree to the policies therein.

Signed _____

Date _____

Information and Suggestions

- Prior to your massage, please remove all jewelry. Pull long hair back with a clip or band.
- In general, massage is given while you are unclothed. However, you may choose to wear undergarments or a swimsuit. You will be covered with a top sheet throughout your session. This is your massage and you should be as comfortable as possible.
- Feel free to ask your therapist any questions before, during, or after the session. Your therapist is a highly trained professional and will be happy to make you feel informed and comfortable.

PLEASE BE AWARE OF OUR 24 HOUR CANCELLATION POLICY.